

What Is Holos?

Background

Holos Holistic Training is a pioneering, CPD-certified staff training company. Our mission is to holistically support schools nationwide — redefining how training days are delivered and revolutionising CPD for teachers.

Our Presenters

Our expert panel ranges from Paralympic gold medallists speaking on inclusion and tackling sporting dropout among women, to award-winning neurodivergent authors, occupational therapists, clinical psychologists, and many more.

Topics Covered

A snapshot of what Holos covers:

- Neurodiversity & SEND
- Fine Motor Skills & Handwriting
- Insights from Experts by Experience- Teacher, Parent & Pupil Perspectives
- Sensory Processing & Regulation
- P.E. Accessibility, Coordination Development & Improving P.E. for All
- ADHD and Movement Breaks
- Reasonable Adjustments & Inclusion Strategies
- Retained Reflexes & Early SEND Identification

Holos Two-Step Model

- Step 1 - Holistic Online Video
- Step 2 - Bespoke INSET training,

250+ years of knowledge packed into one holistic training video

Testimonials

Parent – “Absolutely incredible, an invaluable tool”

Teacher – “I thought the session (staff training) was excellent, definitely highlighted some of the errors in my most fundamental approaches”



We asked hundreds of teachers what they needed most from training and hand-picked field-leading experts with over 250 years of combined experience to join our team.



Contact Us



www.HolosHolisticTraining.com



Contact@holosholistictraining.com












Products & Services

Holos Content

Holos is a three-hour intensive staff training video delivered by our panel of field-leading experts.

It's broken down into specific chapters, encouraging teachers to revisit and refresh particular areas of learning. Alongside this, we provide you with a holistic development package containing these resources:

Resources

-  Holos Training Video
-  Retained Reflex Identification Sheet
-  Movement Break Guide
-  P.E. & Coordination Progress Tracker
-  Coordination Curriculum For Teachers
-  Coordination Curriculum For Parents
-  P.E. Strategies For Neurodivergent People
-  Presenter Links, Books And Resources
-  Holos Community Group



Providing 360
Support

Financial Benefits

Our Impact

Holos pays dividends. Every member of your teaching staff can access the training, unlike traditional INSET days, where information is often forgotten or missed due to absence. With Holos, everyone, including new staff, can watch and learn, ensuring the whole team is singing from the same hymn sheet.

- Identifying signs of SEND in under five minutes per class
- Saving £8,000–£12,000 every academic year
- Improving pupil coordination by up to 56% more than the government curriculum alone
- Identifying, understanding, and supporting neurodivergence with confidence
- Efficiently training every member of staff, from volunteers to headteachers
- Saving money long-term on CPD and staff training

Funding Methods

- Holos can be funded through:
- Pupil Premium
- PE & Sport Premium
- Notional SEND Budget
- CPD / Staff Development Budget



Multi-Academy Trust (MAT) Partnerships

At Holos, our mission is to support schools across the country. We offer significant discounts to MATs and local councils when multiple schools sign up at once.

Additional Bespoke Training

All Holos schools save 25% on any future bespoke INSET training and gain access to our network of expert staff trainers who can create tailored sessions for your school.

Holos Package	Price
Holos Online & Inset Training	£5-6/child
Additional Bespoke Training	25% Discount
Discounts For Mass Sign Ups	<£5/child