



CHANTEL BROOKS
CONSULTING

“ I help students, teachers and parents **build, develop, and shape a more resilient generation** — empowering children to bounce back from setbacks, equipping teachers with practical strategies, and restoring parent confidence in education systems. ”

“Resilient Generation”



SERVICES:

Assembly

We deliver engaging school assemblies on making smart choices, bouncing back from setbacks, and applying themselves in the classroom.

Mentorship

For disengaged students or school refusers, we offer a **5–8-week** program (**45–60 min sessions**) focused on developing resilience, the importance of being resilient, helping students to build resilient habits and adapting alternative learning methods and eventually integrating them back into the classroom.

Half-day Program

We offer 3-hour sessions on resilience, PSHCE topics, and employability skills, ideal for collapsed days. Choose from the topics below:

Full-day Program

We offer 6-hour sessions on resilience, PSHCE topics, and employability skills, ideal for collapsed days. Choose from the topics below:



Workshops topics:

The Resilience Blueprint™

“A step-by-step system to turn challenges into confidence, purpose, and success.”

Bounce Back Mastery Method™

“From setback to success — empowering students, teachers, and parents to thrive.”

The Unstoppable Mind Framework™

“Transforming thinking, building confidence, and creating resilient futures.”

Rise & Thrive Pathway™

“Equipping you with the mindset, skills, and confidence to overcome anything.”

Generation Resilient™

“Shaping a future of confident, capable, and emotionally strong young people.”

Module Outline (8 Weeks)

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| <ul style="list-style-type: none"> Transformational Thinking
— Rewrite limiting beliefs. Growth Mindset Mastery
— Turning challenges into learning opportunities. Bouncing Back
— Emotional recovery techniques. Building Resilience Habits
— Daily tools for mental strength. | <ul style="list-style-type: none"> Confidence Amplifier
— Speaking up, taking action. Goal Setting for Success
— Clarity and focus. Integration Week
— Practice and apply strategies. Celebration & Next Steps
— Showcase progress and plan forward. |
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CHANTEL BROOKS



The Resilience Blueprint™

Helping Students, Teachers & Parents Bounce Back Stronger

At a Glance

A **10-month whole-school programme** designed to embed resilience into your school culture — improving behaviour, boosting confidence, and supporting academic achievement. Aligned with **Ofsted's** **Personal Development and Behaviour & Attitudes** priorities.

Why Schools Need This Now

Many schools are facing:

- ❑ **Low student resilience** leading to poor behaviour and disengagement
- ❑ **Teacher burnout** and lack of confidence in behaviour management
- ❑ **Parents feeling disconnected** from the learning journey

The **Resilience Blueprint™** directly addresses these issues with practical strategies, community engagement, and measurable results.

What's Included in Your 10-Month Programme

- ❑ **Monthly Live Workshops** (students, staff, or parents)
 - 90–120 minutes, interactive and tailored to your needs.
- ❑ **Session Summaries & Action Plans**
 - strategies to implement immediately.
- ❑ **Resilience Resource Library**
 - activities, lesson plans, and parent scripts.
- ❑ **Quarterly Impact Review Reports**
 - measurable progress for Ofsted evidence.
- ❑ **Staff CPD Masterclass**
 - advanced resilience training for teachers
- ❑ **Parent Engagement Evening**
 - building school-home partnerships.



Proven Benefits

- ❑ Improved **student attendance** and **behaviour scores**
- ❑ Increased **teacher confidence** and reduced classroom disruptions
- ❑ Greater **parent engagement** and school satisfaction
- ❑ A stronger, more resilient school community

Investment

£10,000 per academic year =£1,000 per month

(Perceived value: £22,000+)

Next Step

Book your free 45-minute Resilience Audit to identify your school's resilience strengths and gaps — and receive quick wins to implement right away.

- ☎ Call: 0121 5172755
- ✉ Email: info@resilient-generation.com
- 🌐 Website: www.resilient-generation.com

PRICES:

1. Assembly: from £350
2. 60–90 minute workshop: from £450
3. Half-day workshop: £650
4. Full-day programme: £1,000
5. Targeted/small-group programmes: priced according to the number of sessions and pupils involved
6. Six-week The Pursuit of HER! programme: bespoke quotation depending on cohort size and delivery requirements



Inspire | Explore | Motivate | Resilience & Confidence

"THANK YOU"

For enquiring about our services

"Young people are at the heart of what we do and we
want to see them succeed"

Contact Us

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