

Give every student a way to say how they're doing — in the moment, not after.

ZoneMind lets students self-report how they're feeling using the Zone of Regulation framework they already know, in a few taps. Staff see the pattern behind the check-ins in real time, so support arrives at the moment it's actually needed, not after.

BLUE ZONE

Low energy — tired, sad, or withdrawn.

GREEN ZONE

Calm and regulated — ready to learn.

YELLOW ZONE

Starting to struggle — wobbly, wound up.

RED ZONE

Heightened state — needs support now.

HOW IT WORKS

1

Student checks in

A student taps their zone, adds an optional reason, and it's logged automatically — no typing required.

2

A strategy is offered

Two or three simple coping strategies appear, matched to the zone and reason. One tap to try, one tap to say if it helped.

3

Staff see the pattern

Teachers and therapists get a live class view, filterable by student, day, or period, not just a single check-in.

4

The right support, sooner

Configurable alerts flag repeated patterns automatically, so a quiet struggle doesn't go unnoticed.

Built around a framework students and staff already trust, so check-ins take seconds and the data behind them does the rest.

FOR YOUR STAFF

- Class overview, at a glance**
Every student's latest zone and check-in time, filterable by date, period, or zone.
- Flag and note, privately**
Staff can flag a student for follow-up and add private notes, visible only to named staff and guardians.
- Alerts you set the rules for**
Trigger a notification when a pattern crosses a threshold you define — for example, three Red check-ins in a week.
- Reports, ready to share**
Daily snapshots, weekly trends, and student histories, exportable as CSV or PDF for parents and SLT.

BUILT FOR SCHOOLS

AA WCAG 2.1 AA accessible design	UK GDPR (UK) compliant by design	 Encrypted in transit and at rest	 Role-based access with full audit log	 Parental consent built into setup
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WHAT'S INCLUDED

- ✓ Fast, low-friction student check-in
- ✓ Live teacher & class dashboard
- ✓ Student, teacher, admin & parent roles
- ✓ Configurable data retention
- ✓ Rule-based coping strategy suggestions
- ✓ Configurable pattern alerts
- ✓ CSV / PDF export for parents & SLT
- ✓ Parental consent & privacy controls

Bring ZoneMind to your school

Get in touch to arrange a walkthrough with your senior leadership or SEN team.

[REQUEST A DEMO](#)